

Health Protocol

for the reopening of the
Lycée Français Denis Diderot



aefe
Agence pour
l'enseignement français
à l'étranger

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Dear parents,

The Lycée Français Denis Diderot is preparing to reopen. We do not yet have an official date, but we are preparing for any eventuality, working in respect of guidelines provided by both the Kenyan and French governments.

The French Embassy has the authority to authorize the reopening of French schools abroad. The opinions and decisions are based on an analysis of the conditions set by the Kenyan and French authorities, and within the framework of a consultation involving representatives of the school community. The protocol is approved by vote in the School Council.

Our main objective is to ensure the health and safety of LFDD's students and staff. We will adjust the protocol according to government recommendations., and take into account all comments and suggestions in order to ensure that this protocol remains comprehensive.

This protocol defines the operating rules for all students, staff and parents. We must all work together to ensure that the protocol is followed and that our community remains safe.

For students who are unable to attend school, classes will be streamed online. This will help to ensure that all students may resume their studies in the best conditions possible..

It is important that all parents read and understand this protocol.

Thank you for your confidence.

**The Principal,
Bruno MARIS**



GENERAL PROVISIONS

This health protocol was drawn up in strict compliance with Kenyan and French guidelines and is based on the following main principles

- **Mask wearing**
- **Application of protective measures**
- **Limiting size of groups**
- **Ventilation of the premises**

Above all, we feel that it is essential to recall the essential role played by parents in learning and respecting basic health rules.

In this unusual period, we are counting on everyone's calm to manage the children's return to school as well as possible.



MASK WEARING

MANDATORY:

- For pupils from CP onwards
- For all adults without exception
- Mask disinfected every day. Disposable masks that are changed regularly are to be preferred.

if a student arrives without a mask, the school will provide him/her with one



CLASSROOM AERATION

MANDATORY:

- At least every 3 hours
- 10 to 15 minutes



GENERAL RULES

Return to class for all students

Do not send your child to school with a fever of 38.0°C



IN CASE OF RECONFINEMENT

- Return to distance learning
- Streaming for absent students



PROTECTIVE MEASURES

- Frequent hand washing
- Coughing and sneezing into the elbow or handkerchief
- Use a single-use tissue.
- Greet each other without shaking hands. Avoid hugs.
- Social distance 1 m



LIMITATION OF STUDENT MIXING

- Entrance and exit of students by time slots
- Traffic direction
- Alternating lunch and breaks
- No naps for children in PS



TESTS

- In the event of symptoms --> test
- In the event of several positive tests in one class, measures can be taken up to the closure of the class.
- Kindergarten and elementary: isolation of the class as soon as a pupil or an adult in a primary class is positive. Petite section through fifth CM2.
- In the event of several positive tests within the school, measures can be taken up to the closure of the school.
- Tests requested at the end of the isolation period if contact cases for positive cases as well as for contact cases.



CLEANING, HYGIENE AND FLOW MANAGEMENT

Cleaning and Hygiene

Hygiene maintenance at classroom entrances:

- Wall displays in all classrooms
- Hand washing during recess

Daily hygiene maintenance:

- Premises, door handles and light switches will be cleaned and disinfected frequently.
- The floors are cleaned **at least once a day**.
- Classrooms will be left open for ventilation. They will be cleaned and disinfected **twice a day**.
- Shared work areas are systematically cleaned after use.
- Toilets are cleaned **4 times a day**.

Flow management

- In order to limit contact, it is requested to respect the directions of traffic indicated by the markings on the ground, signs, and stickers.
- Students should enter at different times to avoid congestion in the car park, the pedestrian entrance and when taking the temperature.
- Parents must not get out of their vehicles when dropping off students except for the Kindergarten (from PS to GS).
- **All children are dropped off at the entrance of the school and will be picked up by a staff member who will take them to class.**
- Respect for physical distance means that it is not possible to gather together in groups.
- Recreation times are staggered.



SUSPECTED AND CONFIRMED COVID 19 CASES

From the onset of the following symptoms:

- coughing
- sneezing
- shortness of breath
- sore throat
- fatigue
- digestive troubles
- fever

The school's crisis unit will be notified.

The persons responsible for the crisis unit within the LFDD are:

Helen LELEI
Lucy OGWANG

(cf. useful contacts)

- 1** Immediate isolation of the pupil or adult with a mask in a dedicated room allowing him/her to be supervised while awaiting his/her return home or medical treatment.
- 2** Immediate call of parents/legal guardians to come and pick up the pupil respecting the safety measures. Parents or staff contact the attending doctor who will decide on the what screening methods are necessary. Feedback is requested as soon as possible to the school in order to make any decisions.
- 3** Information from the school sent to the local health authorities and to the services of the French Embassy.
- 4** If the patient's condition so requires, the service **Flying Doctors (AMREF)** will be contacted to provide assistance and medical evacuation for isolated people.
- 5** Information to all parents of pupils who may have been in contact with the person concerned. Information to all staff who may have been in contact with the person concerned.
- 6** In the event of a confirmed case after screening, **decisions may be made to close a class, level or school.**
- 7** Thorough cleaning and disinfection of the occupied premises and objects potentially touched by the pupil or staff member.
- 8** Psychological assistance from our points of contact.



CONTACT CASE

Definition :

Any person who has shared the same living space as a confirmed case, face to face without wearing a mask, and not respecting social distancing for at least 15 minutes

Not a contact case:

•When the mask is worn by a positive case, and another person, and if the barrier gestures have been respected, the latter is not considered a contact case.

•When a student is positive, staff are not considered to be contact cases as long as they are wearing a mask and have followed barrier gestures.

•Similarly, other students in the class are not considered contacts as long as they are wearing a public face mask and have complied with the barrier procedures. Il n'existe pas de cas contact de cas contact.

kindergarten pupils:

In accordance with the recommendations of the French Ministry of Education, we practice reinforced measures with systematic isolation when a positive case appears in a nursery class.

What to do if I am a contact or positive case?

I isolate myself:

To avoid infecting my relatives and others if I am infected with the virus and even if I have no signs. Indeed, one can be contagious 48 hours before the appearance of signs or be infected without having any signs of the disease.

I'm getting tested:

	I have no sign		I have signs or they appear during my isolation
	I live in the same house during my isolation with the sick person	I do not live in the same house as the ill person	
When to do the test?	<ul style="list-style-type: none"> as soon as symptoms appear I immediately isolate myself for 14 days. 	<ul style="list-style-type: none"> 7 days after my last contact with the positive person. I isolate myself until the test results come in. 	<ul style="list-style-type: none"> Immediately I remain in isolation.
My result is positive	<ul style="list-style-type: none"> I am infected: I remain isolated for 14 days after the onset of the disease if I have signs or after the date of the test if I do not. If I still have a fever at the end of this period, I must remain isolated (once I no longer have a fever, I wait 2 days before ending my isolation). I contact the school to identify the people I have been in contact with at risk (colleagues, students). 		
My result is negative	<ul style="list-style-type: none"> I isolate myself while the person is ill for 14 days from my first day of isolation I have to retest at the end of the isolation period and ask permission from the school to re-enter. 	<ul style="list-style-type: none"> I am not infected: I isolate myself for 7 days and I can come back after authorization from the school with a negative test. 	<ul style="list-style-type: none"> I contact my doctor and follow his instructions. I may be asked to continue my isolation. I can come back after authorization from the school with a negative test.



ARRANGEMENTS FOR THE RECEPTION OF STUDENTS

A few rules to be respected to better collectively manage student reception time:

- It is essential to respect the specific time slots
- The handing over of the children must be quick (anticipate the separation)
- If your child proves to be unwilling at the time of separation, find an individualized solution once the flow is over (8.30 am).
- Avoid crowds in front of the school (respect the markings on the ground that mark the distance in front of the school).
- Free parking spaces as soon as possible.
- **Plan the arrival of siblings during common slots.**

Kindergarten

Kindergarten pupils reporting time:
7.15 am to 8.15am.

Classes start at 8:15 am

Elementary

Elementary school pupils reporting time:
7:20am to 8:10am.

Classes start at 8:00 am

Middle and High School

Entrance is from **7:15am to 8:00am** during the following times.

- From **7:15 to 7:30** for high school students.
- From **7:30 to 7:45** for the 4ème and 3ème.
- From **7:45 to 8:00** for the classes of 6ème and 5ème.

Taking of temperature

- According to medical recommendation, fever is defined as a temperature of 38°C or higher.
- The temperature is taken with the aid of forehead thermometers on a stand at the entrance to the establishment.
- ***Children's temperatures should be taken by parents before taking them to school and in case of fever, or suggestive symptoms, the child should not go to school.***
- The children's temperature is taken when they are welcomed in the morning and as many times as necessary during the day.
- If a child's temperature at the entrance is measured above 37.5° and the carer has already left the school grounds, the child will be placed in the isolation zone and the parents called back immediately.



CLASS PLANS AND STREAMING

Class plans

- In order to respect the distance during the lessons, a class plan is constructed by the teacher, each pupil occupies a place that allows him/her to be **1m and more from his/her neighbor.**
- Before the start of the school year, the class teacher will set up the classroom by assigning a table to each pupil, marked with a “first name” label. **The classroom will be aired at each break.**
- The same principle applies to grouping. Carpets are removed and all pupils are seated on chairs or benches.
- Each pupil has his or her own small equipment provided by the school and marked with his or her name.
- For the use of the games in the classroom, crates for groups of pupils are **set up and cleaned daily.**
- The tables in front of the classrooms, the motor skills room, the 5th class of Kindergarten (GS), the UPE2A room will allow the rotation of the groups to respect the number of pupils allowed.
- For the secondary school, the auditorium and the gymnasium will also be used.

Streaming for absent students:

Various possible cases :

- **Pupils unable to return to Kenya**
- **Pupils in isolation**

For these pupils, an online streaming system is set up, except in special cases, which allows the absent pupil to view the lesson (teacher and class group).

NB: This service is only offered in the cases mentioned above.

For all other students, the return to the classroom is compulsory.



BREAK AND LUNCH

- Recreation is by class level rotations. Each class is assigned a specific area. Classes are supervised by their teachers.
- Each class will be attributed to a *predetermined sector*. The classes will be supervised by their teachers.
- Collective games will be forbidden. No small toys or sports equipment.
- In the event of rain, the recreation will take place inside the classes.
- Students can access the toilets before and after the recreation (3 students maximum at the same time), the access to the toilets during the breaks will be regulated by the adults in charge of supervision.

Recreations

Kindergarten:

- 9:30 to 10:00 for the PS
- 10:00 to 10:30 for the MS and MS/GS
- 10:30 to 11:00 for the GS

Elementary:

- **9:40 am to 10:00 am** - CP, CE1, CE2
- **10:00 am to 10:20 am** - CM1, CM2

Middle and High School :

Usual hours

Lunch

- Meal trays are served by the service provider in the canteen area. Rotating services with respect to physical distance.
- Students provide their own water bottle.
- Lunch for PS, MS, and GS will take place on the tables in front of their classrooms.
- For Primary students, lunch will be served at staggered times:

11:45am to 12:15pm - CP, CE1, CE2

12:15pm – 12:45 – CMI, CM2
- For Middle and high School : 2 services (20 min to eat + 10 min cleaning between services)

12:15pm to 12:45pm
12:45pm to 1:15pm
- **Students may leave the school to eat. Students may not bring a lunch from outside.**



CLASS EXITS

- Students will wait under the hut and the grassy area near the entrance.
- Parents will inform ASEM of their child's first name and the class that will be called to be handed over to them.
- **For health reasons, school bags will remain at school; only water bottles will be brought back to each house.**
- Siblings are grouped together for an exit at 3pm.
- Classes are arranged in rows, according to lines on the ground. Sanitary distances are respected.
- A direction of traffic will be respected.

• For Primary:

• Monday, Tuesday, Thursday

Students will leave from **12pm to 3:30pm** at the following times:

- From 12pm to 1:10pm for the PS class.
- From 2:35pm to 2:45pm for the MS class.
- From 2:50pm to 3pm for the GS class.
- From 2:55 to 15:15pm for the CP, CE2, CE1/CE2 and CM2 classes.
- From 3:05pm to 3:30pm for the CE1, CM1 classes.

• For Middle and High School:

All students in Middle and High School should leave the school when their classes are finished.

• Wednesday and Friday

Students will leave from **11am to 12pm** at the following times:

- At 12pm for the PS class.
- From 11:5am to 12 pm for the MS and GS classes.
- From 11:45am to 12:10pm for the CP, CE2 and CM2 classes.
- From 12pm to 12:15pm for the CE1, CE1/CE2 and CM1 classes.

Complementary educational activities (APC) will take place on these days at the following times:

- 11:45am to 12:15pm for the MS and GS classes.
- 11:45am to 12:15pm for the CP, CE2 and CM2 classes.
- 12pm to 12:30pm for the CE1, CE1/CE2 and CM1 classes.



STUDENTS WITH SPECIAL EDUCATIONAL NEEDS

The Kenyan government recommends that schools prepare to be able to provide support for students with special educational needs, and take their needs into account.

The LFDD already provides support through the commitment of the Educational and Administrative teams, as well as the Health department, through the actions of the nurse, the speech therapist, educational assistants, the nutritionist and the Health department coordinator.

The return to in-school learning will be prepared in advance and taking into account and adapting for the needs of these students.



USEFUL CONTACTS

FOR MORE INFORMATIONS ON COVID-19

1. [Website for the Ministry of Education](#)
2. [Website for the Teachers Service Commission](#)
3. [Website for the Ministry of Health](#)
4. [Website for the WHO](#)
5. [Website for the Kenya Medical Research Institute \(KEMRI\)](#)

EMERGENCY CONTACTS FOR THE FRENCH EMBASSY

Tel : + 254 733 682 231/ +254 738 938 883

AGA KHAN HOSPITAL

Aga Khan University Hospital,
3rd Parklands Avenue, Limuru Road
Hotline : (+254) 709 931 700

NAIROBI HOSPITAL

Argwings Kodhek Rd
Tel : (+254) 703082000

MBAGATHI D. HOSPITAL

(centre référent COVID pour le quartier)
Mobile : 0721311808

Links for information:

info@education.go.ke, info@tsc.go.ke.

PSYCHOLOGICAL SUPPORT

Kirindi ODINDO (Nairobi) (English speaking) *Clinical/Health Psychologist & Psychotherapist*

Tel: +254 722 240 789

psychologypractice.kenya@gmail.com

Marie PERRIN, Psychologist (France) - marieperrin.psy@gmail.com DISMED (online consultation from France)

LFDD CONTACTS

Health Coordinator - Hellen Lelei

healthdepartment@lyceefrancaisnairobi.com

hellen.lelei@lyceefrancaisnairobi.com

Lucy OGWANG

Nurse

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LFDD Secretariat

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FAQ

MY CHILD IS A BIT SICK, CAN HE COME TO SCHOOL?

No. In order to protect students and school staff, any child showing signs of illness other than those indicated in an IAP (including a common cold or headache) should stay home. Parents are asked to check their child's temperature before sending them to school.

SOMEONE IN THE FAMILY HAS A SYMPTOM, CAN MY CHILD COME TO SCHOOL?

No, your child may be infected without showing symptoms. To protect staff and other children, you must keep your child at home.

WHAT TYPE OF ORINASAL PROTECTION IS ACCEPTED IN THE INSTITUTION?

Oral-nasal protection means: Disposable masks changed every 4 hours are recommended. A non-disposable mask must be disinfected every day. Scarves are not accepted as mouth protection in the LFDD. Any person entering the establishment (staff, In case of lack of protection, the child or adult will not be allowed to enter the establishment and will inform his parents.

HOW CAN PARENTS HELP THE SCHOOL?

Talk to your children about the changes that await them: separation at the school entrance, small groups, limited access to games and toys, different pace. Teach them to wash their hands properly (gestures, duration), to put on their mask properly and to respect social distancing.

Punctuality: It is extremely important that the school's arrival and departure times are respected. It is not possible to mobilize staff at the entrances to the school outside the drop-off and reception times communicated.

