





MENU LFIDD







Week 1: 1st - 5th Apr 2024

		LUNDI MONDAY	MARDI TUESDAY	MERCREDI WEDNESDAY	JEUDI THURSDAY	VENREDI FRIDAY	
MATIN MORNING	 Collation primaire/ Primary snack		Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
	 Entrée / Starter		Roasted red pepper soup Fresh Baked Bread Salad & Dressing	Garlic bread Salad & dressing	Baked bread Salad and Dressing	Tomato Basil soup Salad Bar & Dressing	
	 Plat - Main	VEGETARIEN VEGETARIAN	Easter Monday	Vegetarian tandoori Nuggets	Mushroom Tofu bourguignon	Lentil Curry	Mushroom Quiche
		VIANDE / POISSON MEAT / FISH		Tandoori grilled chicken	Beef Bourguignon	Fish Curry	
		ACCOMPAGNEMENTS SIDE ORDERS		Kerala fried rice Vegetable Medley	Lemon Garlic Pasta Seasonal Vegetables	Naan bread Roasted Garlic Vegetables	Lyonnaise Potatoes Garden Salad
 Dessert / Desert		Berry Yoghurt		Fresh Fruit	Orange Butter Cookies	Yoghurt	

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Week 3: 15th - 19th Apr 2024

		LUNDI MONDAY	MARDI TUESDAY	MERCREDI WEDNESDAY	JEUDI THURSDAY	VENDREDI FRIDAY	
MATIN MORNING	 Collation primaire/ Primary snack	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
	 Entrée / Starter	Minestrone Soup Baked Bread Salad Bar & Dressing	Baked Bread Salad Bar & Dressing	Spring Rolls Salad Bar & Dressing	Tomato Soup Salad Bar & Dressing	Garlic bread Salad Bar & Dressing	
D E J E U N E R - L U N C H	 Plat - Main	VEGETARIEN VEGETARIAN	Veg tagine	Vegetarian Pie	Mongolian Soy Stir-Fry	Paneer and lentil masala	Frittata
		VIANDE / POISSON MEAT / FISH	Chicken Tagine		Chinese Stir-Fry Chicken	Beef Kebabs	Baked fish Shakshuka
		ACCOMPAGNEMENTS SIDE ORDERS	Vegetable Rice Vegetables	Potato wedges Sautéed French Beans	Lo Mein Noodles Stir fried vegetables	Flat Bread Hummus, Garlic Sauce and condiments	Spanish Rice Creamed Spinach
	 Dessert / Desert	Fresh fruit	Yoghurt	Fresh fruit	Chocolate Orange Cake	Fresh fruit	

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Week 4: 22nd - 26th Apr 2024

		LUNDI MONDAY	MARDI TUESDAY	MERCREDI WEDNESDAY	JEUDI THURSDAY	VENDREDI FRIDAY	
MATIN MORNING	 Collation primaire/ Primary snack	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
	 Entrée / Starter	Garlic Bread Salad Bar & Dressing	Fresh Bread Salad Bar & Dressing	Salad Bar & Dressing	Fresh Bread Salad Bar & Dressing	Tomato Soup	
D E J E U N E R - L U N C H	 Plat - Main	VEGETARIEN VEGETARIAN	Vegetable meatballs	Vegetarian Biryani	Grilled Veggie Patties	Grilled halloumi	Tomato, Basil, Cheese & Mushroom Sandwich
		VIANDE / POISSON MEAT / FISH	Meatballs in marinara	Chicken Biryani		Battered Fish Tartar sauce	Chicken, Basil & Mozzarella Sandwich
	ACCOMPAGNEMENTS SIDE ORDERS	Penne Arrabiata Steamed Vegetables	Vegetable Medley	Naan Root Vegetables	Potatoes au gratin Assorted Vegetables	Garden Salad	
	 Dessert / Desert	Fresh Fruit	Yoghurt Parfait	Fresh Fruit	Ice-Cream	Vanilla Cake & Custard	