





MENU LFIDD







Week 1: 30th March - 3rd April 2026

		LUNDI MONDAY	MARDI TUESDAY	MERCREDI WEDNESDAY	JEUDI THURSDAY	VENDREDI FRIDAY	
MATIN MORNING	 Collation primaire/ Primary snack	Fresh Fruit	Fresh Fruit	Fresh Fruit	Hot Cross Buns Hot Chocolate	GOOD FRIDAY	
	 Entrée / Starter	Lentil Soup Fresh Baked Bread Salad & Dressing	Roasted Red Pepper Soup Fresh Baked Bread Salad & Dressing	Garlic Bread Salad & Dressing	Baked Bread Salad And Dressing		
D E J E U N E R - L U N C H	 Plat - Main	VEGETARIEN VEGETARIAN	Stuffed Bell Pepper with Beans	Soy Veg Meatballs	Mediterranean Butter Beans in Olive & Herbs		Chickpea Tagine
		VIANDE / POISSON MEAT / FISH	French Onion Beef Stew	Herbed Chicken Mushroom Sauce			Creamy Tomato Coconut Fish Masala
		ACCOMPAGNEMENTS SIDE ORDERS	Saffron Rice Plantain	Sauté Potatoes Vegetable Medley	Mushroom Basil Pasta Seasonal Vegetables		Naan Couscous Roasted Garlic Vegetables
 Dessert / Desert	Fresh Fruit	Yoghurt	Chocolate Orange Cake	Yoghurt			

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Week 2: 6th - 10th April 2026

		LUNDI MONDAY	MARDI TUESDAY	MERCREDI WEDNESDAY	JEUDI THURSDAY	VENREDI FRIDAY	
MATIN MORNING	 Collation primaire/ Primary snack	EASTER MONDAY	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
	 Entrée / Starter		Fresh Bread Salad Bar and Dressing	Salad And Dressing	Veggie Pizza Salad Bar & Dressing	Tomato Basil Soup Salad Bar and Dressing	
	 Plat - Main		VEGETARIEN VEGETARIAN	Vegetarian Ragu	Veggie Quesadillas	Coconut Lime Butter Beans	Vegan Kidney Bean Patties with Garlic Sauce
			VIANDE / POISSON MEAT /FISH	Beef Ragu	Chicken Quesadillas		Fish Fingers with Tartar Sauce
			ACCOMPAGNEMENTS SIDE ORDERS	Pasta Vegetable Ratatouille	Vegetable Medley	Steamed Rice Assorted Vegetables	Potato Wedges
 Dessert / Desert		Fresh Fruit	Fresh Fruit	Raspberry Lemon Pound Cake	Yoghurt		

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Week 4: 20th - 24th April 2026

		LUNDI MONDAY	MARDI TUESDAY	MERCREDI WEDNESDAY	JEUDI THURSDAY	VENREDI FRIDAY	
MATIN MORNING	 Collation primaire/ Primary snack	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
D E J E U N E R - L U N C H	 Entrée / Starter	Minestrone Soup Fresh Baked Bread Salad Bar & Dressing	Salad Bar & Dressing	Fresh Baked Bread Salad Bar & Dressing	<u>Middle Eastern Day</u> Middle Eastern Salad Bar	Tomato Basil Soup Fresh Baked Bread Salad Bar & Dressing	
		VEGETARIEN VEGETARIAN	Vegetable Meatballs	Pea Paneer Curry	Vegetable Nuggets	Vegetarian Seekh Kebab	Veg Empanadas
	 Plat - Main	VIANDE / POISSON MEAT / FISH	Italian Herbed Chicken		Fish Cakes Tomato Basil Sauce	Chicken Kebab Chutney	Beef Empanadas
		ACCOMPAGNEMENTS SIDE ORDERS	Pasta Pomodoro Vegetable Stir Fry	Naan Bread Guacamole And Salsa	Pasta Steamed Vegetables	Fragrant Rice Eggplant Moussaka	Sautee Potatoes Garden
	 Dessert / Desert	Fruit	Berry Yoghurt	Fruit	Egyptian Donuts	Fresh Fruit	